## **Latest information from Karate NL**

Karate NL Provincial Tournament October 16th 2021 - 10:00am - 6:00pm The first Provincial Tournament is set to take place on October 16th 2021. Registration for the October 16th tournament will open on Wednesday September 29th 2021 on our website and close on Wednesday October 13th 2021.

For the tournament please be aware of the following COVID-19 mitigation protocols:

- #1 Masks are mandatory for all persons entering the facility. Athletes will be permitted to remove their masks while competing if they wish.
- #2 Participants must supply their own equipment.

Mandatory Equipment: Kata: Red & Blue Belts

Team Kata: Red & Blue Belts

Kumite: Red & Blue Belts, Mouth guard, Jock (male only), Red & Blue WKF Style

Gloves

Flag / Ninja Kumite: Red & Blue Belts

- #3 Athletes should immediately leave the facility once they are done competing.
- #4 Due to capacity restrictions each athlete will be permitted to bring 1 spectator to the tournament. This spectator MUST arrive at the same time as their athlete or they will not receive an event wristband and won't be allowed into the tournament.
- #5 Doors open at 9:45am with the competition starting at 10:15am. All athletes and spectators will need to be checked in and receive their wristbands before 10:15am.